



## CONSCIOUS ELDERING

*Aging with Intention and Passion*

July 21 - July 23, 2017

Mission San Luis Rey  
Oceanside, California

Presented by **Ron Pevny**  
of the Center for Conscious Eldering

**Ron Pevny** is founder and director of the Colorado-based Center for Conscious Eldering. He is a long-time rite of passage guide, certified Sage-ing® leader, and host of the Shift Network's "Transforming Aging" Summits. He is author of the book *Conscious Living, Conscious Aging: Embrace and Savor Your Next Chapter*. Ron is dedicated to assisting people in negotiating life transitions and creating lives of purpose and passion.



There is a profound difference between becoming old and aging consciously. This retreat is for people over 50 who anticipate their later years as a deepening life stage of growth, purpose and service. It will provide a dynamic experiential introduction to conscious aging and the inner work vital to the emotional and spiritual growth and development of an engaged elder.

**Conscious Eldering: Aging with Intention and Passion** weaves together a powerful set of processes – including life review work, exploration of legacy, ceremony and reflective time outdoors. This retreat will help you identify and release old patterns and identifications that no longer serve you and open you to new possibilities for your life.

### SCHEDULE

Friday, July 21, 4:00 – 8:30 pm  
Saturday, July 22, 9:00 am – 8:30 pm  
Sunday, July 23, 9:00 am – 2:00 pm

### LOCATION

Mission San Luis Rey  
4050 Mission Avenue  
Oceanside, CA 92057

### COST: \$495

*(Cost includes lodging for Friday and Saturday nights, plus dinner Friday & Saturday, breakfast and lunch Saturday & Sunday.)*

**FOR COMMUTERS: \$375** includes lunches and dinners

### TO REGISTER

Your non-refundable deposit of **\$100** reserves your place.

Final payment due  
**July 1, 2017**

Send check  
*(made out to "Center for Conscious Eldering")*  
to **Chuck Lee**  
**7238 Hamlet Avenue**  
**San Diego, CA 92120**



*"The King of the California Missions"*